## Virtual Support Event APDA Care-Partner Meetings

Welcoming Care-partners or adult family member of those with Parkinson Disease.



Meetings are usually biweekly, Fridays at 2:00pm via Zoom

For more information please call Julie Garofalo, RN Coordinator for the American Parkinson Disease Association (631) 862-3560





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Recharge Relax

Rest

Respite

Revitalize



