

## YOUNG ONSET PARKINSON'S VIRTUAL SUPPORT GROUP

## The Young Onset Parkinson's Virtual Support Group Via Zoom 1st Thursday of each month Zoom link will be provided

The Young Onset Parkinson's Virtual Support Group is a group of people diagnosed with Parkinson's disease before the age of 50 and their care partners (significant others), who provide support to each other to address challenges of a young onset diagnosis.

The group meets once a month.

Topics for discussion in the group:

- Genetic factors
- Managing symptoms
- Treatments
- Latest research
- Impact of diagnosis on career, parenting, relationships, future goals
- Sharing resources
- Developing a support community (connection)

Facilitated by Joan M. Marsh-Reed, CSP, MA

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If interested in joining the group and to register, please contact:

Vicky Chan at <a href="mailto:vchan@apdaparkinson.org">vchan@apdaparkinson.org</a> or call 347-996-0142

You can find additional information on Parkinson's disease on the APDA website:

apdaparkinson.org or Toll free: 1-800-223-2732

