



“My yoga practice with Jennifer has been wonderful. For someone with Parkinson’s Disease, the challenges have always been both physical and psychological. I’ve not only seen changes in my comfort level and range of motion with this practice but with my confidence, as well.”

- Private Client

Yoga for Parkinson’s MS & Dystonia w/ Jennifer Cooper



Laughing Dog Yoga

159 Linden St, Wellesley 2nd flr Wellesley

4 CLASS SERIES STARTING SOON!!

For Details & Dates
www.ldyoga.com

Improve balance, strength, flexibility & confidence
Reclaim your body & yourself