

Care Partner Support Group

October 12th, 2023
December 14th, 2023
5:00PM-6:00PM EST

<https://apdaparkinson.zoom.us/j/82331421134>

Join us in a conversation about how to help a loved one live and manage Parkinson's Disease symptoms. The program is designed to help family members and care partners of people with Parkinson's Disease. Please share this invitation with anyone in your support network that you feel will benefit from this information. We host the series in Spanish and English (and every other month it will switch between English and Spanish). This group is made possible with the partnership with the University of Miami Miller School of Medicine and American Parkinson Disease Association (APDA).

Our esteemed experts will discuss:

- Stages, symptoms and how Parkinson's Disease progresses over time
- Challenges in being a caregiver
- Self-care practices
- Ways to support your loved one



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