

Cognitive Behavioral Treatment for Parkinson's Disease

Boston University's Center for Anxiety and Related Disorders (CARD) is pleased to offer a treatment program targeting symptoms of anxiety and depression for adults under age 65 with Parkinson's disease

Details:

- Treatment will involve 10-12 sessions delivered virtually or in-person by PhD graduate student clinicians supervised by a Licensed Clinical Psychologist
- Fees are set according to an affordable sliding scale – we are not an in-network provider but can provide paperwork to submit for insurance reimbursement

If you have a patient who is interested, please have them visit <https://www.bu.edu/card/contact-us/> to request a phone screen

For specific questions related to this program, please contact Erica Appleman, PhD at ericaa@bu.edu

Boston University Center for Anxiety and Related Disorders

