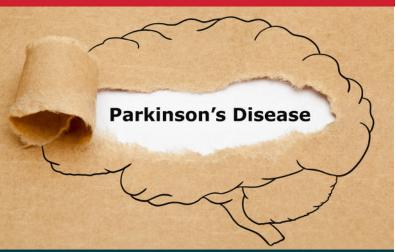
# IOWA STATE UNIVERSITY Extension and Outreach





# THIRD ANNUAL NORTHWEST IOWA

## PARKINSON'S DISEASE CONFERENCE

October 24, 2024 | Milford, Iowa

Gather with us for a day of learning and networking about Parkinson's Disease. The conference is free and open to all, individuals with Parkinson's, care partners, loved ones, and anyone interested in learning about the disease.

#### AGENDA

10:00 a.m. **Registration** 10:30 a.m. **Welcome** 

Iowa State University Extension and Outreach

American Parkinson Disease Association - Iowa Chapter

10:45 a.m. The PD You Don't See: Cognitive and

**Non-Motor Symptoms** 

Dr. Joanne Hamilton, Ph.D., ABPP Advanced Neurobehavioral Health

12:00 noon Lunch

1:00 p.m. **Therapeutic Music** 

Jenna Hardy Pedersen, B.A., M.A., JJ School of Music

2:00 p.m. **Break** 

2:20 p.m. How to Reduce Symptoms Through Exercise

Kristine Meldrum, B.A., ACE, Parkinson's Place Iowa

3:20 p.m. Closing Remarks

There is no fee to attend the conference thanks to sponsorship from the Dickinson County Extension Council and Iowa State University Extension and Outreach Dickinson County.

### WHEN:

October 24, 2024 10:30 a.m. to 3:30 p.m.

#### WHERE:

St. Joseph's Catholic Church 1305 Okoboji Avenue Milford, IA 51351

### **REGISTER:**

Register online at

qo.iastate.edu/AX98PC

or contact the ISU Extension and Outreach Dickinson

County Office

at 712-336-3488

with any questions or for registration

assistance.



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